Zeitplan Abendsportfest 13. Mai 2026 Cottbus

Stand: 09.05.2026

	M/MJU20	MJU18	MJU16	MKU14	MKU12	MKU10	F/ WJU20	WJU18	WJU16	WU14	WKU12	WKU10	
Zeit	06/07/08	09/10	11/12	13/14	15/16	17/18	06/07/08	09/10	11/12	13/14	15/16	17/18	Zeit
16.30			1500m Hind.										16.30
16.40	400m Hü		300m Hü					400m Hü	300m Hü				16.40
17.00		Hoch	Hoch	Hoch					80m Hü				17.00
17.00	Diskus	Diskus	Diskus		Weit-Zone1			Diskus	Diskus		Weit-Zone2		17.00
17.10						50m							17.10
17.20												50m	17.20
17.30					50m								17.30
17.40											50m		17.40
17.50				75m		Weit-Zone1			Hoch	Hoch		Weit-Zone2	17.50
18.05	Speer	Speer	Speer				Speer		Speer	75m			18.05
18.15			100m										18.15
18.20									100m				18.20
18.30	100m		Weit 1				100m						18.30
18.35		100m							Weit2/Drei				18.35
18.40								100m					18.40
18.50	300m	300m	300m										18.50
19.00	Weit1/Drei	Drei					300m		300m				19.00
19.05					600m	600m							19.05
19.10							Weit2/Drei	Weit2/Drei			600m	600m	19.10
19.15				600m						600m			19.15
19.20		600m	600m					600m	600m				19.20
					M/W/K U10-12 Weitsprung nur 3 Versuche								
	06/07/08	09/10	11/12	13/14	15/16	17/18	06/07/08	09/10	11/12	13/14	15/16	17/18	